

Chef Spotlight

Celebrating Foods of the World



Gorp

INGREDIENTS MAKES 6 SERVINGS

- 3 tablespoons whole shelled unpeeled almonds
- 3 tablespoons unsalted dry-roasted peanuts
- 4 tablespoons dried cranberries
- 4 tablespoons raisins
- 4 1/2 teaspoons chocolate chips

Trail mix offers a high-energy, high-protein snack that's highly portable and tastes great. If you are wondering where the name comes from, it's an acronym for good ole raisins and peanuts. There are lots of variations. This one calls for chocolate chips and dried cranberries.

PREPARATION

This one is fairly easy to make and great for kids to prepare as an activity before the activity! Combine all the ingredients and divide into 6 servings.

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